

**AN EVALUATION OF THE IMPLEMENTATION  
OF VITAMIN A SUPPLEMENTATION  
PROTOCOL IN HEALTH INSTITUTIONS IN  
MOOKGOPHONG MUNICIPALITY: A Case  
Study of Waterberg District**

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**Submitted in fulfilment of the requirements  
for the degree of Masters of Science in  
Public Nutrition in the Department of  
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## **Abstract**

**Aim:** The main purpose of this study was to evaluate the implementation process of the Vitamin A Supplementation Protocol in institutions in the Mookgophong sub-district of Waterberg, Limpopo Province.

**Design:** Multi-stage sampling was used.

**Setting:** The study was conducted in 6 clinics in Mookgophong sub-district and in one hospital in Mogalakwena which supports the clinics with resources.

**Subjects:** There were 13 nurses, 2 pharmacists and 1 medical doctor. These health professionals served as informants.

**Methods:** Self-reported questionnaires were used to collect data. The researcher did observations during data collection using a checklist. Descriptive statistics were used to analyse the data.

**Results:** The results indicated that Vitamin A supplements were not always available at the health institutions studied. Most of the health workers were not trained on the Vitamin A Protocol although they could describe it. The staff said they adhered to the protocol.

**Conclusions:** The Vitamin A Protocol was not well implemented because most staff was not trained and the capsules were not always available.